



# HEART

HUNT EMBRACES: ACTIVITIES, RESOURCES & TRAINING



## RESOURCE GUIDE

# NATIONAL RESOURCES

## **A.A.**

Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

**Visit [www.aa.org](http://www.aa.org) for a local A.A. resource near you.**

## **Addiction Support Group**

No matter where you live, there is a drug rehab center that can help you overcome your addiction. We can help you find treatment based on your location, budget, and specific needs to help you get started quickly.

**Visit [www.addictioncenter.com](http://www.addictioncenter.com) to find a rehab near you or speak to an expert at 855-706-9275.**

## **American Legion**

To support and advocate for veterans, active military and their families. To support the initiatives and programs of The American Legion. To foster patriotism and responsible citizenship. **Visit [www.legion.org](http://www.legion.org) for more information.**

## **MADD**

Mothers Against Drunk Driving is a nonprofit organization in the United States and Canada that seeks to stop drunk driving, support those affected by drunk driving, prevent underage drinking, and strive for stricter impaired driving policy, whether that impairment is caused by alcohol or any other drug. **Visit [www.madd.org](http://www.madd.org) for more information.**

## **Suicide Prevention Hotline**

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. **Visit [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org) or call 1-800-273-8255 for more information.**

## **USAA**

With roots grounded in the military, we bring its methods to your finances, and its values to our service through an exclusive suite of financial products, tools and advice. **Learn more at [www.usaa.com](http://www.usaa.com).**

# **NATIONAL RESOURCES (CONT.)**

## **Operation Homefront**

A national nonprofit whose mission is to build strong, stable, and secure military families so they can thrive in the communities they've worked so hard to protect. They offer programs such as: Critical Financial Assistance, Home on the Homefront, Operation Homefront Villages, Transitional Homes for Community Reintegration, Hearts of Valor, Military Child of the Year, Back to School Brigade, Star Spangled Baby Showers, Holiday Meals for Military, Holiday Toy Drive and Homefront Celebration. **Visit [www.operationhomefront.org](http://www.operationhomefront.org) for more information. Also call toll free at (800) 722-6098 or email [info@OperationHomefront.org](mailto:info@OperationHomefront.org).**

## **National Military Family Association**

NMFA is the voice of the military families. For 49 years, we have proven that we stand behind service members, their spouses, and their children. Our Association is the "go to" source for Administration Officials, Members of Congress, and key decision makers when they want to understand the issues facing our families. They know we have "boots on the ground" with military families and understand better than anyone that "military families serve, too." Through the support and programs we provide, and our respected voice on Capital Hill and with the Departments of Defense and Veterans Affairs, our Association always looks out for the families who stand behind the uniform and for those who serve. **Visit [www.militaryfamily.org](http://www.militaryfamily.org) for more information. Also call toll free at 703-931-6632 or email [info@militaryfamily.org](mailto:info@militaryfamily.org).**

## **Military OneSource**

Offers help with all aspects of military life. The counseling is free and confidential. **Visit [www.militaryonesource.mil](http://www.militaryonesource.mil) or call 800-432-9647 for more information.**

## **Wounded Warrior**

Wounded Warrior Project is a charity and veterans service organization that offers a variety of programs, services and events for wounded veterans of the military actions. **Visit [www.woundedwarriorproject.org](http://www.woundedwarriorproject.org) or call 888-997-2586 for more information.**

# MILITARY RESOURCES

## **Deployed Spouses**

Voluntary program that assists spouses and families of military members residing in on base housing who have been deployed with certain tasks including but not limited to: backyard lawn maintenance, toy assembly, preventative home visits to determine if emergency situations are present and monthly phone calls. **Call 843-552-0600 for more information.**

## **Family Crisis/Support**

### **Airman & Family Readiness Center**

The center is a one-stop information and referral center that are the cornerstone of the JBC family support system, helping service members and their families enhance their readiness and adapt to the Air Force way of life. Key programs and services include deployment support, relocation assistance, personal financial management, employment assistance, transition assistance, the Exceptional Family Member Program, the school liaison, casualty assistance, volunteering and more. **Visit [www.jbcharleston.com/youth-family/family-child-care](http://www.jbcharleston.com/youth-family/family-child-care) or call 843-963-4406 for more information.**

### **Child Development Center**

Each program strives to provide a safe and nurturing environment for children 6 weeks to 5 years of age and promote the intellectual, social, emotional and physical development of children.

**Visit [www.jbcharleston.com/youth-family/family-child-care](http://www.jbcharleston.com/youth-family/family-child-care) or call 843-963-4366 for more information.**

### **Family Child Care**

Provides an alternative to child development center care for families that need evening or weekend care, care during swing and midnight shifts, or care for infants, school-age children or children with special needs. **Visit**

**[www.jbcharleston.com/youth-family/family-child-care](http://www.jbcharleston.com/youth-family/family-child-care) or call 843-963-2546 for more information.**

# LOCAL BASE RESOURCES

## Hospital

### **Medical University Of South Carolina**

Phone: 843-792-1414

171 Ashley Ave, Charleston, SC 29425

*[musc.edu](http://musc.edu)*

### **Roper Hospital**

Phone: 843-724-2000

316 Calhoun St, Charleston, SC 29401

*[rsfh.com](http://rsfh.com)*

### **Trident Medical Center**

Phone: 843-797-7000

9330 Medical Plaza Dr, Charleston, SC 29406

*[tridenthealthsystem.com](http://tridenthealthsystem.com)*

### **Ralph H. Johnson VA Medical Center**

Phone: 843-577-5011

109 Bee St, Charleston, SC 29401

*<https://www.charleston.va.gov/>*

## Religious Guidance

### **Air Base Chapel**

Chaplains are dedicated to preserving your right to worship. They provide, or find a way to provide for a broad spectrum of worshippers. If you are seeking spiritual support for any denomination or faith group, they will do their best to assist you. **Visit**

**107 Arthur Dr, Charleston, SC 29404 or call 843-963-2536 for more information.**

## Health Care

### **628th Medical Group**

Phone: 843-963-6880

204 W Hill Blvd, Joint Base Charleston, SC 29404

# **LOCAL BASE RESOURCES (CONT.)**

## **Schools**

### **School Liaison**

Phone: 843-963-4406

### **Lambs Elementary**

Phone: 843-767-5900

6800 Dorchester Rd, North Charleston, SC 29418

*[lambs.ccsdschools.com](http://lambs.ccsdschools.com)*

### **Hunley Park Elementry**

Phone: 843-767-5914

1000 Michigan Ave, Charleston AFB, SC 29404

*[hunleypark.ccsdschools.com](http://hunleypark.ccsdschools.com)*

### **Jerry Zucker Middle School of Science**

Phone: 843-767-8383

6401 Dorchester Rd, North Charleston, SC 29418

*[zucker.ccsdschools.com](http://zucker.ccsdschools.com)*

### **R B Stall High School**

Phone: 843-764-2200

3625 Ashley Phosphate Rd, North Charleston, SC 29418

*[stall.ccsdschools.com](http://stall.ccsdschools.com)*

## **Financial Services**

### **Heritage Trust Federal Credit Union**

Phone: 843-832-2600

2375 White Cir, Joint Base Charleston, SC 29404

*[www.heritagetrust.org](http://www.heritagetrust.org)*

### **Navy Federal Credit Union**

Phone: 843-863-6328

7255 Rivers Ave, North Charleston, SC 29406

*[www.navyfederal.org](http://www.navyfederal.org)*

## **Legal Services**

Provided to active-duty members, active Guard and reserve members, contractors who are deploying are eligible for wills and powers of attorney. **Visit 102 E Hill Blvd, Charleston, SC 29404 or call 843-963-5502 for more information.**

## **Library**

Offers a full range of services for all patrons. The location is Building 215 102 E. Hill Blvd, Charleston SC, 29404. **Visit [www.jbcharleston.com/library](http://www.jbcharleston.com/library) or call 843-963-3320 for more information.**

# **LOCAL BASE RESOURCES (CONT.)**

## **Veterinary Services**

The air base's veterinary treatment facility provides complete veterinary care for government owned animals. Many types of routine care services for the pets of military families are also offered by appointment only. **Visit [www.fb.com/CharlestonVTF](http://www.fb.com/CharlestonVTF) or call 843-963-1738 for more information.**

## **Recreation**

### **Aquatics**

Phone: 843-963-1672

**[www.jbcharlestonorc.com/pool](http://www.jbcharlestonorc.com/pool)**

### **Bowling Center**

Phone: 843-963-3315

106 W. McCaw St, Charleston, SC 29404

**[www.jbcharleston.com/dining-facilities/starlifter-lanes-bowling-center](http://www.jbcharleston.com/dining-facilities/starlifter-lanes-bowling-center)**

### **Fitness Center**

Phone: 843-963-3347

205 W. Hill Blvd, Charleston, SC 29404

**[www.jbcharleston.com/recreation/fitness-sport-center](http://www.jbcharleston.com/recreation/fitness-sport-center)**

### **Framing, Engraving and Gifts**

Phone: 843-963-1936

101 Scarton Ln, Charleston, SC 29404

**[www.jbcframeandengrave.com](http://www.jbcframeandengrave.com)**

### **Golf Courses**

Phone: 843-963-1833

101 Scarton Ln, Charleston, SC 29404

**[www.jbcharlestongolf.com](http://www.jbcharlestongolf.com)**

### **Outdoor Recreation**

Phone: 843-963-1672

101 Scarton Ln, Charleston, SC 29404

**[www.jbcharlestonorc.com](http://www.jbcharlestonorc.com)**

### **Tickets and Travel Services**

Phone: 843-963-1672

101 Scarton Ln, Charleston, SC 29404

**[www.jbcharlestonorc.com/tickets](http://www.jbcharlestonorc.com/tickets)**

# **LOCAL BASE RESOURCES (CONT.)**

## **Shopping /Food/Services**

### **Commissaries**

Phone: 843-963-7469

103 Lawson Dr, Charleston, SC 29404

[www.commissaries.com](http://www.commissaries.com)

### **Exchange**

Phone: 843-552-5000

101 Lawson Dr , Charleston, SC 29404

[www.shopmyexchange.com](http://www.shopmyexchange.com)

### **Charleys Philly Steak**

Phone: 843-552-9415

### **Subway**

Phone: 843-552-9415

### **Alterations**

Phone: 843-760-6635

### **Barbershop**

Phone: 843-552-4880

### **Beauty Salon**

Phone: 843-552-0812

### **GNC**

Phone: 843-552-0893

### **Laundry and Dry Cleaning**

Phone: 843-408-0411

### **Military Clothing Store**

Phone: 843-552-8606

### **Mobile Center**

Phone: 843-297-8253

### **Optical Shop**

Phone: 843-552-1139

### **UPS Store**

Phone: 843-641-7002/7003



